

HEALTH CLUB, SREE NARAYANA COLLEGE, NATTIKA, THRISSUR-680566

ANNUAL REPORT 2022-2023

Health is a condition in which the individual is functionally well adjusted internally with respect to body parts and externally with his environment. By health, we not only mean a physically fit body, but a mentally balanced personality which is value added with emotionally stable and culturally rich aspects. Health Club in college is an association for taking care of everything that goes into prescribing ways and activities for students to possess good overall health. It helps in creating a healthy society and leading to responsible citizenship as, healthy people work better and carry forward a progressive nation.

Composition of Health Club:

Name of the Coordinator:	Smt.Savitha Nandan, Assistant Professor in Zoology
Members:	Sri.Sreeji.N.S, Assistant Professor in Physical Education
	Smt.Jyothimol.K.P Assistant Professor in Chemistry
	Dr. Sreedhanya.R, Assistant Professor in English
	Smt.Priyanka.A.S, Assistant Professor in Commerce

Vision of Health Club:

- To create a health sustainability among students.
- To create awareness about healthy habits to be followed for better future

Mission of Health Club:

- To provide guidance related to health issues and to organize seminars, workshops, medical camps and other health related activities.
- To develop healthy habits to possess overall good health among students and staff.

Programmes Conducted During 2022-2023:

Sl No	Type of Programme	Name of Programme	Date
1	Symposium	Arogya Mela	12&13/07/2022
2	Medical Camp	Eye Test Camp	19/07/2022
3	Awareness programme	AIDS day Observance -“Equalize”	01/12/2022
4	Seminar	AIDS Day Seminar -“Equalize”	07/12/2022
5	Seminar	Sustainable Menstruation	27/02/2023
6	Medical Camp	Free Medical Camp	06/03/2023

Report on Programmes Conducted During 2022-2023

1.REPORT ON THE SYMPOSIUM ‘AROGYA MELA’ ON 12&13 /07/2022

Title of the programme : ‘Arogya Mela’

Report:

Health Club & IQAC of Sree Narayana College, Nattika in collaboration with Thalikulam Block Panchayath and Nattika Gramma Panchayath conducted 'Arogya Mela'. The symposium was composed of health-related seminars, competitions, food fest with traditional dishes and cultural fest. The participants of the programme were Kudumba Sree Unit Members, Asha Workers & school students of Nattika Gramma Panchayath and staff & students of Sree Narayana College, Nattika. Even though it was a two-day programme on 12th & 13th July 2022, it started with Logo Design contest on 11th July 2022.

Day-1

Arogya Mela was inaugurated by Sri.K.C.Prasad, President, Thalikulam Block Panchayath on 12/07/2022. On the same day a health related quiz programme was conducted for UP and High school students of Nattika Gramma Panchayath. First seminar of Arogya Mela was 'Eaeka Lokam Eaeka Arogyam'. The resource person was Dr.Rahul.U.R, Dist.Programme Manager, National Health Mission, Thrissur. Asha workers, Kudumba Sree members and students were the participants. He discussed about virus related diseases and vaccination, Malaria and Rabies. He also explained how immunity can be enhanced in younger generation. It was a very interesting interactive session. Many Asha workers shared their experience in health-related issues. It was a really an informative session for the students too.

Day-2

Day two of Arogya Mela started with drawing competitions of LP, UP and High school students. Food fest and cultural fest was organized in the college auditorium as parallel events. Kudumba Sree Members of Nattika Gramma Panchayath and students of Sree Narayana College were actively participated in the food fest. Traditional dishes were the attractive items. Best dish competition was also conducted as a part of fest. Day two seminar of Arogya Mela 'Life Style Diseases' was conducted in the seminar hall. Resource person was Mrs. Hyely Thomas, Dietician, Gov District Hospital, Chavakkad. Asha workers, Kudumba Sree members and students were the beneficiaries of the seminar. Resource person explained about adulterated food, junk food, unhealthy eating habits, lack of exercise and their role in life diseases. She also added the importance of meditation in the stressful life. Many participants clarified their doubts relating diabetes, hypertension and stroke. It was really a thought-provoking session for the participants. The cycle rally and sahurudha vadamvali were abandoned due to rain. Mementos and certificates were given to the winners of various competitions. Arogya Mela was grand success and it connected the students to society after pandemic period.

2.REPORT ON EYE TEST CAMP ON 19 /07/2022

Title of the Programme : 'Eye Power Test Camp'

Report:

A free eye test camp for staff and students was conducted on 19/07/2022 at seminar hall of the college. Camp was organised by Health Club & IQAC of Sree Narayana College, Nattika in association with Fathima Eye Care Clinic, Pattambi. A team of three optometric consultants of Fathima Eye Care Clinic, Pattambi came to do the eye check-up. The main objective of the camp was to check eye sight to find out refractive errors. The inauguration of the camp was done by college principal, Dr.P.S.Jaya. 118 members

of the college were participated in the camp. Many of them were with normal vision but some were reported with myopia, hyperopia and presbyopia. Some of them were advised to wear spectacles and some were referred for further ophthalmic consultation. The students asked the queries related to eye problems which were solved by optometrists. The event was fruitful as many of the participants were made aware of their sight problems and helped to prevent the further deterioration of the eyesight.

3.AIDS DAY OBSERVANCE 01 /12/2022

Title of the Programme : AIDS Day Observance -“Equalize”

Report:

AIDS awareness programme was conducted by the Health Club and Department of Zoology of Sree Narayana College, Nattika, on December 1st, 2022, on behalf of World AIDS Day. Health Club Volunteers from Zoology Department took it up as a responsibility to acknowledge the students of various departments about the causes, symptoms and perils of AIDS victims and the importance of treating the effected ones as nothing less than equal. The volunteers have developed a better understanding about this dreadful infection, to reduce stigma & discrimination against people living with HIV/AIDS, strengthen knowledge about the measures to be taken to prevent HIV/AIDS and how to adopt preventive health habits and lifestyle against HIV.

4.AIDS DAY SEMINAR 07 /12/2022

Title of the Programme : “AIDS Day Seminar - Equalize : A Medley Commemorative Of AIDS”

Report:

A seminar was organised on behalf of World AIDS Day on 7th December at 1:30pm by the Health Club, Department of Zoology, Kerala State AIDS Control Society and IQAC in SN College, Nattika. Dr. Binitha V.S, Assistant Professor of Zoology welcomed the chief guest, Dr. Sreejith Sreekumar, ART medical officer, Govt. Medical College, Thrissur. Dr. Anitha, Assistant Professor of Botany, gave the presidential address. The purpose of the programme was to create awareness among students about AIDS and to eradicate myths about AIDS. The chief guest, Dr.Sreejith Sreekumar gave a very interesting speech on this occasion. A documentary about AIDS patients was also presented by ART team. The documentary was very touching. To make the programme more informative, students from Department of Zoology made Power Point presentations on the topic : Recent Advances In Combating AIDS. After the presentation, an interactive session was lead by the Red Ribbon Club coordinators from Govt. Medical College, Thrissur. A quiz programme was also conducted by them, and the chief guest distributed prize for winners. Smt. Preethakumari M.C, Counselor ART plus centre, Govt Medical College, Thrissur shared her experience with AIDS patients. Dr K K Sankaran IQAC Coordinator felicitated the event. The programme ended with vote of thanks of Smt. Savitha Nandan, Health club Coordinator.

5. SEMINAR ON SUSTAINABLE MENSTRUATION 27 /02/2023

Title of the Programme : “ Seminar on Sustainable Menstruation ”

Report:

A seminar on sustainable menstruation was conducted by Health Club and Women Cell of Sree Narayana College, Nattika on 27th February 2023 at 1:30 PM. The objective of the seminar was to give awareness about sustainable menstruation and to introduce the methods that are not very popular among students such as menstrual cups, cotton pads etc. Smt Deepa. V, Coordinator of Women Cell welcomed the resource person Fathimathul Bisiriya V, Research associate, CUSAT. She gave basic knowledge on menstruation and menstrual hygiene and discussed about various sanitary protections and their merits and demerits. It was very shocking to know that the sanitary napkins are very unhealthy to use as it causes various infections and even cancer as well as they are not eco-friendly. Better alternatives such as cotton cloths, cotton menstrual pads, menstrual underwear and menstrual cups were introduced to students. Of these alternatives, menstrual cups are much better because they are eco-friendly, cost effective and easy to use. Students who were already using menstrual cup shared their experience, clarified the folding methods, insertion techniques and relevance and significance of menstrual cup in the present scenario. This section cleared the doubts and fears among the students who were reluctant to use menstrual cups. A questionnaire was distributed among the participants to survey their concerns and knowledge about sanitary protections. The programme ended with a short speech of Smt. Savitha Nandan, Health club coordinator.

6.REPORT ON MEDICAL CAMP ON 06 /03/2023

Title of the Programme : 'Medical Camp'

Report:

A free medical camp for staff and students was conducted on 06/03/2023 at outer seminar hall of the college. Camp was organised by Health Club of Sree Narayana College, Nattika in collaboration with Macare Super Speciality Poly Clinic and Diagnostic Centre, Valappad. The inauguration of the camp was done by college principal, Dr.P.S.Jaya. The team of medical camp included six faculties from Macare Super Speciality Poly Clinic and Diagnostic Centre. Along with free dental consultation, monitoring blood pressure, blood sugar level and SpO2 were provided free of cost in the camp. 106 members were the beneficiaries of the programme. Many of them were found to be normal in the medical check-up but some participants reported with dental problems who were advised to take treatment and some were referred for further orthodontic consultation. Participants with variations in medical tests were also advised for consulting physician.

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR

NAAC RE-ACCREDITED, NIRF RANKED, & UGC, DST-FIST, RUSA SUPPORTED INSTITUTION



Health Club & IQAC

IN COLLABORATION WITH

Nattika Gramma Panchayath & Thalikulam Block Panchayath

AROGYA MELA

12 & 13 JULY 2022

VENUE: LIBRARY HALL
INAUGURAL CEREMONY ON 12/07/2022 AT 10.00 AM



Inaugural Address
Sri. K.C. Prasad
President
Thalikulam Block Panchayath



Presidential Address
Sri. M.R. Dinesan
President
Nattika Gramma Panchayath



Keynote Address
Dr. Rahul U.R
Dist. Programme Manager
NHM, Thrissur



Felicitation
Sri. T.P. Unnikrishnan
President
RDC, Nattika



Felicitation
Sri. P.K. Prasannan
Convenor
RDC, Nattika



Welcome Address
Dr. P.S. Jaya
Principal
S N College, Nattika

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR

NAAC Re-Accredited, NIRF Ranked & UGC, DST-FIST, RUSA Supported Institution



HEALTH CLUB & IQAC

In collaboration with

Nattika Grama Panchayath & Thalikulam Block Panchayath

AROGYA MELA

PROGRAMME SCHEDULE

12/07/2022 - DAY-1

- Inauguration - 10.00 AM – Library Seminar Hall
- Seminar - 10.30 AM - “Eaeka Lokam Eaeka Arogyam” – Library Seminar Hall
- Quiz Programme – 2.00 PM - UP Section (Old Seminar Hall) & High School Section (Library Seminar Hall)

13/07/2022 - DAY-2

- Cycle Rally-9.30 AM-AUPS School to Sree Narayana College, Nattika
- Drawing Competition – 10.00 AM - L P Section (Pencil Drawing) & UP-High School Section (Water Coloring) – Hall -ES1, ES2 & ES3
- Food Fest & Cultural Fest – 11.00 AM – College Auditorium
- Seminar – 2.00 PM - “Life Style Diseases” - Library Seminar Hall
- Sauhrudha Vadom Vali – 3.00 PM -College Ground

Ms.SAVITHA NANDANAN

HEALTH CLUB COORDINATOR

Dr.SANKARAN .K.K

IQAC COORDINATOR

Dr.JAYA.P.S

PRINCIPAL



HEALTH CLUB, SREE NARAYANA COLLEGE, NATTIKA

Re-accredited (cycle IID) By NAAC with B⁺ Grade

in association with
Nattika Grama Panchayath & Thalikulam Block Panchayath



Organizes

LOGO DESIGN CONTEST

Logo Theme: Arogyamela

LAST DATE OF SUBMISSION: 11-07-2022, 10.AM

Attractive Prizes to the Winners

INSTRUCTIONS

- i) One Individual Can Submit Only One Entry
- ii) It Should Be Simple And Submitted In A4 Sheet
- iii) Logo Copied From Any Other Sources Will Not Be Accepted
- iv) Digital Logo Is Not Be Acceptable

For more details : 9446873715, 7012475689

Health Club Co-ordinator
Savitha Nandan

IQAC Co-ordinator
Dr.Sankaran.K.K

Principal
Dr.JAYA.P.S

ORGANISING COMMITTEE

Dr.Sreedhanya.R, Jyothimol.K.P, Sreeji.N.S, Priyanka.A.S



നാട്ടിക പ്രാമ പഞ്ചായത്ത്

അനുരോധ്യമേള



തളിപ്പള്ളം ബ്ലോക്ക് പഞ്ചായത്ത് അനുരോധ്യ മേള അനുസ്മരണ പരിപാടി

ജൂലായ് 13 ബുധൻ ഉച്ചക്ക് 2 മണി

എസ് എൻ കോളേജ് നാട്ടിക

ക്ലാസ്

**ജീവിത ശൈലിയും ഭക്ഷണ
ക്രമീകരണവും**



പെര്യലി ഞാമസ്

(ഡയറ്റീഷ്യൻ ചാവക്കാട് താലൂക്ക് ഹോസ്പിറ്റൽ)



Aarogyamela

12/07/2022

1

K.C. PRASAN

2 July Poodee

3 K.K. M... ..

4 S.P. Haneegh... ..

5. Rajani Babu Nattika viaprestest Rajani

6. Dr. Rahul U.R. DPM, NMM Thiruvane...

7.

8.

9.

10. Nikitha P. Kadhakrishnan (Member-04)

11. Ayshabi Abduljabbas (Member XII)

12. G. Geetha Sukhilesh (Member)

13.

14.

15. Usha S.

16. Fazela bevi. Jhi go II AHC Nattika

17. SANDHIL KANOR. P.V. Member II ward.

18. K. J. Dasan (Member) I

19.

20. Beena P.V (HST), SNT Trust JSS, Nattika



Arogya Mela Quiz Competition

12/07/2022

Sl No	NAME & SCHOOL	FEEDBACK	SIGN
1	Sreelakshmi, ^{RBSK Nuvve} che vity	Good	
2	Prajubalanjini, ^{RBSK Nuvve} che vity	"	
3	Greena K B ^{Sri IPS} TPR	"	
4	RADHIKA P A.U.P.S. Tiruprayam	well arranged	
5	Svapna Sathian	good	
6	Vasaja KK	good	
7	Nishanmikiichnan	"	
8	Ajitha Yohandas	"	
9	Arasi Kariscondra	"	
10	Suelmer	"	
11	Velsala Sasidharan	"	
12	Subila M. L	"	
13	Kumari C A	"	
14	Jaya - M - k	"	



Arogya Mela Drawing Competition

5

13/07/2022

Sl No	NAME	FEEDBACK	SIGN
1	Dipetu N c Nattika Eastup	Good	<u>Dipetu</u> <u>Nattika</u>
2	Vintha Anandhan		
3	Deepthi K.B Central UPS Nattika	Cents	<u>Deepthi</u>
4	Sreenadh vyngan A.U.P.S. Tripprayag		<u>S. vyngan</u>
5	Prameesha. N.S S.V.U.P.S. Tripprayag	Well arranged	<u>N.S.P</u>
6	ADWISHA. SNDPLP School Tripprayag		<u>ADWISHA</u>
7	Pravinraj M.T. RBSPK Vijy.		<u>Pravin</u>
8	Anju Susendras JHI Gu II FHC Nattika		<u>Anju</u>
9	Subila K.L (ASMA) FHC Nattika	Good	<u>Subil</u>
10	Sreelakshmi. A.S RBSPK Nune ch. vthly	Good	<u>Sreelakshmi</u>
11	Fazela Bevi - S Jhi FHC Nattika		<u>Fazela</u>
12	T.P. Hameed slykumar HI		<u>T.P. Hameed</u>
13	K.K. mubina Se @Bomani		<u>K.K. mubina</u>
14	Radhakavi	Good	<u>Radha</u>





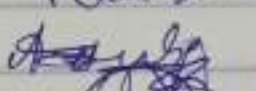





Sl.No.	NAME	FEEDBACK	SIGNATURE
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15	Kumari C.A		<u>[Signature]</u>
16	JAYA.M.K.		<u>[Signature]</u>
17	Nishanrikrishnan		<u>[Signature]</u>
18	Vijaya.K.K		<u>[Signature]</u>
19	Valsala Sasidharan		<u>[Signature]</u>
20	Suelha.Py		<u>[Signature]</u>
21	Anil		<u>[Signature]</u>
22	Sarika		<u>[Signature]</u>
23	Sindhu		<u>[Signature]</u>
24	Sreedevi		<u>[Signature]</u>
25	Dhameela		<u>[Signature]</u>
26	Radha Bai		<u>[Signature]</u>
27	Camama		<u>[Signature]</u>
28	Burtha		<u>[Signature]</u>
29	Raji		<u>[Signature]</u>
30	Ramani		<u>[Signature]</u>



Aarogyamela Seminar II

13/07/2022

SL. NO	Name & Designation	Feedback	Signature
1	SENITHA KUMAR	(Member-02)	
2	Nikitha P. Radhakrishnan	(Member-04)	
3	Ayshabi Abduljabbar	(Member-XII)	
4	Preetha Sukhesh	(member)	
5	C.S. S. Prabha	VIII	
6	K.K. S. S. S. S. S. S.	Member	
7	T.P. Hameed kumar	HI	
8	Arjun	CA & 20190.	





NATTIKA GRAMA PANCHAYAT

Triprayar, Valapad P.O., Thrissur Dist. 680567, Phone : 0487- 2391245

nattikapanchayat@gmail.com

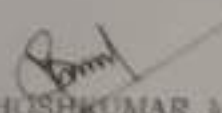
Date - 23/07/2022

CERTIFICATE OF APPRECIATION

Nattika Gramapanchayat records its high appreciation for the Health Club of Sree Narayana College, Nattika for conducting the Arogyamela of the panchayat, under the auspices of Thalikulam Block Panchayat and the Government of Kerala on 11,12,13 July 2022 in the college premises. The members of the panchayat, Kudumbasree, Asha workers, CDS, Anganwadis, Delegates from the Health Department, Educational Institutions in the panchayat and the public participated in the 3- Day programme.

The programme was meticulously planned and dexterously executed by the Health Club of Sree Narayana College. The panchayat hereby express its gratitude for its coordinator Smt.Savitha Nandan, members Sri Sreeji N S, Dr Sreedhanya R and Smt.Jyothimol K P, other teachers, students, Principal and management of the college.




MANTHOSH KUMAR, M.G.
SECRETARY
NATTIKA GRAMA PANCHAYATH
P.O. VALAPAD

SREE NARAYANA COLLEGE, NATTIKA, THRISSURHEALTH CLUB AND IQACIN COLLABORATION WITHNATTIKA GRAMMA PANCHAYAT AND THALIKULAM BLOCK PANCHAYATAROGYA MELA"LOGO DESIGN CONTEST"

11/07/2022

LIST OF PARTICIPANTS

Sl. No.	NAME	CLASS	SIGNATURE	PHONE Number
1	Suchithra Gopal VP	MSc Zoology (2nd sem)		9539419285
2	Vismaya VK	BA Malayalam (2nd sem)		8590525201
3	Aiswarya K.U	BSc Chemistry (2nd sem)		8943606899
4	Arijun K	BSc Zoology "		9633860024
5	Anunima N.J	BSc Zoology "		8921724182
6	Anupriya N. Shaji	BSc Chemistry "		7902429951
7	Sreelakshmi T.S	BSc Maths "		9497543298
8	Mahesh K.M	BSc Zoology "		9778015612
9	Gouri Parvathy	BSc Zoology "		9562899809
10	Sreerag E.P	BSc Chemistry "		8304058500
11	Farhana	BSc Zoology "		9895283701
12	Aamina Parvin	BSc Zoology "		9895283701
13	HEITHNIK PRASANTH	M-SC MATHEMATICS		6282658756
14	Divya T.R	M.Sc Zoology (2nd sem)		8921461451
15	Varsha CT	MSc Zoology		9746158246
16	Aiswarya Sunil	BSc Zoology (2nd sem)		9656263589
17	Akshara V.Y	BSc Zoology "		9633394965
18	Asha Sherin KA	BSc Zoology "		8138918308



SREE NARAYANA COLLEGE, NATTIKA, THRISSUR

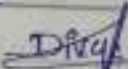
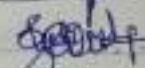



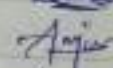
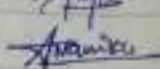
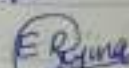
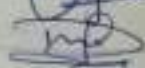



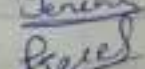


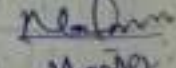
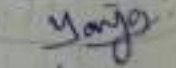
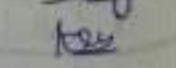
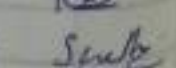
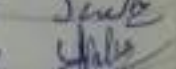
HEALTH CLUB AND IQAC

IN COLLABORATION WITH
NATTIKA GRAMMA PANCHAYAT AND THALIKULAM BLOCK PANCHAYATH

"AROGYA MELA"

Inauguration Ceremony and seminar "Eekalokam Eekarogyam"
12/07/2022

LIST OF PARTICIPANTS

SL NO.	NAME	CLASS	SIGNATURE AND PHONE NUMBER
1.	Dnya. TR	M.Sc Zoology - II nd Sem	89246451 
2.	Suchi Thra Gopal VP	"	9539419285 
3.	Sippa. m.s	"	9961916987 
4.	Kavya. V.S	"	9745752603 
5.	Arचना. pk	"	7005000705 
6.	Anjana. P.R	"	9074709418 
7.	Anamika. K.G	"	8547827978 
8.	Rejina. ER	"	9188238003 
9.	Devika. T.S	"	7034384236 
10.	Neelima. T.S	BA ECONOMICS II nd yr	9778203845 
11.	Reanya. L	Faculty, Chemistry	940096607 
12.	Jenerna. KB	"	9745009118 
13.	Fazrek bevi.s	Jhi FHC Nattika	9605815163 
14.	Sreedas. Manthony	"	811970893 
15.	Nalini. m.	A.W.W c no. 64.	9846639109 
16.	JAYA. m.k.	ASHA cheriyan	9747237225 
17.	Kemasi. GA	ASHA waid VT	9656557818 
18.	Sultra.	ASHA	7702627187 
19.	Valsala Sasidharan	(ASHA)	9496287774 
20.	Subila. K.L	(ASHA)	9544060476 



21	Aswathy P. V. N	ANW. 9633897257	Aswathy
22	Bendu A. D	A.W.W. 9961465578	Bendu
23	Sreelakshmi AS	RBSK Nurse - 9946358946	Lakshmi
24	Prasanna M. T	RBSK Nurse - 9653018772	Prasanna
25	Usha S	Jhptnurse@gmail.com 9443251207	Usha
26	Neelima S		
26	Anamika K. A	BA Economics 1 st year [9592995888]	Anamika
27	Nayana C. U	BA Economics [9072965520]	Nayana
28	Saranya R	BA " [9400777009]	Saranya
29	Aswathy P	BA " [9544897360]	Aswathy
30	Akhina A. N	Bsc Botany [9745685785]	Akhina
31	Roshni H. G	" [7593079933]	Roshni
32	Salma A. A	" [8089974450]	Salma
33	Kavya K. V	" [8089575619]	Kavya
34	KRISHNAPREKHA	" [9207271513]	Kripka
35	Vishnu Prig. M. V	M.A Economics (8301923200)	Vishnu
36	Aswathy K. S	" " 9072250764	Aswathy
37	Jayashree P. M	" " 9847197417	Jayashree
38	Nandana C. A	B.A Economics 8590862012	Nandana
39	Nayana P. M	" " 9526503770	Nayana
40	Nandana K. P	Bsc Botany 9633045416	Nandana
41	Ananya C. P	" " 9778124328	Ananya
42	Athulya Ravindran	" " 9562002597	Athulya
43	Varsha	Bsc-chemistry 9567781826	Varsha
44	BINDU K. V	A.W.W. C.No.170 9744390041	Bindu
45	Snija C. R	A.W.W C.No.66 906162846	Snija
46	Aleena K. J	BA-Econom. 7012860733	Aleena
47	Sneha P. S	" 9947987545	Sneha
48	Nandana V. V	" 9592862389	Nandana
49	Nandana Vajala	" 87878714076075	Nandana
50	Umadevi K. A	" 9633557780	Umadevi
51	Theetha A	" 8589464184	Theetha
52	Vinaya P. P.	" 8921581344	Vinaya



53	Afeela P F	BA Economics 190275280 996157137	Afeela
54	Smitha A A	A.W.W C.No 125	Smitha
55	Hafsath K A	BA Economics 9744525499	Hafsath
56	Aparna o v	B.A Economics 974629463	Aparna
57	Aswathy M.P	BA Economics 859037218	Aswathy
58	Unnaya k u	BA Economics 9633705137	Unnaya
59	Adithya pp	BA Economics 8078377168	Adithya
60	Mana M R	BA Economics 8075661925	Mana
61	Shikha P S	B.A Economics 9388555013	Shikha
62	Vaisha P S	B.A Economics 977471926	Vaisha
63	Anjana Divyesh	B.A Economics 6282080925	Anjana
64	Krishnendu V.S	Bsc Chemistry 9764152151	Krishnendu
65	Indulekha k u	Bsc Chemistry 9043585144	Indulekha
66	Reshma C S	B.A Economics 7012119987	Reshma
67	Nandana k A	BA Economics 8921831659	Nandana
67	Hilda deyna A.S	BA Economics 9895702960	Hilda
61	Nanya P.B	BA Economics 8848690269	Nanya
62	Sourya Pradeep	9562503004	Sourya
69	Stabidabharu	9544550565	Stabidabharu
70	vidyaunnikrishnan	9947728271	vidya
71	Simi	9961570801	Simi
72	AMBIKA KOMARAN	9633141249	Ambika
73	Varradha k Deepak	Bsc chemistry 9118753772	Varradha
74	Devika P S	Bsc chemistry 9387952003	Devika
75	Archana Raju	Bsc chemistry 9048686983	Archana
76	Suvarna Sudhan	Bsc chemistry 9947631015	Suvarna
77	Nesrin A.S	Bsc chemistry 8089449680	Nesrin
78	Sudha P S	Bsc Chemistry 9546684210	Sudha
79	Ancha A.D	Bsc chemistry 8301985791	Ancha
80	Kaistrapaige k u	Bsc chemistry 8593070144	Kaistrapaige
81	JALAJA PA	4747261717	Jalaja
82	Smathe Sivaraj		Smathe
83	Saadevi	9562256726	Saadevi
84	Armana	7560840692	Armana



85	AAYISHA PRAVEEN	BA MALAYALAM	9747322133	
86	E.N.R. Sankar		9744706459	
87	V.S. Sankaranarasayanan, Vethottil		8547079766	
88	Vijaya AV		95114083638	
89	മമ്മിയമ്മ (ബുധി)		9846482599	
90	Damayanthi CEDS VII		9605387823	
91	Ramya KS		9744365048	
92	Bandhannikrishnan (Snehadeepam)		9745564663	
93	Seena kalesh (ward-14 ads) (ബുധി)		7510142760	
94	Binethu. (ward 14) (ബുധി)		9544562457	
95	Soma " (ബുധി)		9995317395	
96	Jiji (ward-14) Damam kudumbasree		9846601599	
97	SANTHA - CK (ward-4) Kudumbasree		9747914935	
98	mani " "		999747485005	
99	sobhara, Sreedurga kudumbasree		9747040492	
100	Nishaunni Krishnan ASHA		9961531954	
101	Mohini Asvathika Kudubasree		9745779291	
102	Asitha Mohandas ASHA		9747319216	
103	shyloja Avadhika kudubasree		9961542025	
104	Ramani Avadhika "		8086674681	
105	Chinnalal ADS (ബുധി)		9656457721	
106	അമ്മിയമ്മ			
107	അമ്മിയമ്മ			
108	അമ്മിയമ്മ (ബുധി)		9539768385	
109	അമ്മിയമ്മ (ബുധി)			
110	അമ്മിയമ്മ (ബുധി)			
111	അമ്മിയമ്മ (ബുധി)			
112	അമ്മിയമ്മ (ബുധി)			
113	അമ്മിയമ്മ (ബുധി)			
114	അമ്മിയമ്മ (ബുധി)			
115	അമ്മിയമ്മ (ബുധി)		9037906505	
116	അമ്മിയമ്മ (ബുധി)			
117	അമ്മിയമ്മ (ബുധി)			
118	അമ്മിയമ്മ (ബുധി)	ICDS supervisor, Natthika Gr		



119	Sackethi (ജോനിയ) 9846 585467	-	<u>S</u>
120	Sheena (ജോനിയ) 8547184860	-	<u>Sheena</u>
121	മിഴി സജിദാ	9947603697	<u>മിഴി</u>
122	ശാരദ - സുബ്രഹ്മണ്യൻ	9947515707	<u>ശ</u>
123	സലീം. P.M.	8086121945	<u>Sulim</u>
124	രാജ	97455460	<u>രാജ</u>
125	രാജിശ്വരൻ	9645761855	<u>Rajesh</u>
126	വിനയലക്ഷ്മി (ജി.ജി)	9524662028	<u>വി</u>
127	Anamika JS	7592843005	<u>Anamika</u>
128	Devika K	6282743938	<u>Devika</u>
129	Hridya .K .H	9846672160	<u>Hridya</u>
130	Kavya Sasi	9061467981	<u>Kavya</u>
131	Sandra.k Subramanian	7356574423	<u>Sandra</u>
132	Preedevi .T.H	7025499384	<u>Preedevi</u>
133	Atira .M.S	9201519839	<u>Atira</u>
134	Preethi EM	7902667964	<u>Preethi</u>
135	Safa .K .A	8590910947	<u>Safa</u>
136	Devika K. Prakash	9656899250	<u>Devika</u>
137	Aneesha	9656987922	<u>Aneesha</u>
138	PRAVITHA	9520260280	<u>Pravitha</u>
139	Dr. Saumya .CS	9562447884	<u>Saumya</u>
140	LAILA	8593997649	<u>Laila</u>
141	ABDUL KADAR	8593997649	<u>Abdul Kadar</u>
142	Geetha K.A	9567336697	<u>Geetha</u>
143	Aparna K.S	7907705137	<u>Aparna</u>
144	Geethika P.J	8129753844	<u>Geethika</u>
145	Aneetha .N.S	9605866561	<u>Aneetha</u>
146	Devinandana K.S	6235218533	<u>Devinandana</u>
147	Lijishma V.S	8547737226	<u>Lijishma</u>
148	Sudhishma .E.S	9645965386	<u>Sudhishma</u>


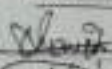
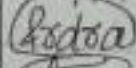



149	Sathi	udhayam kudam Ward 19	7591922752	Sadmi
150	Suvitha	meera kudumbasthra	9846315576	Sudha
151	Mini	dheepam kudumbastri	9072914537	Pooja
152	Seena	dheepam kudumbastri	9745011666	Pooja
153	Raji Ranjan	Dhana lakshmi kud.	8943043017	Pooja
154	Suma	Jwala kudumbastri	9495040901	Pooja
155	Kamala	Sreedhurga kudumbastri	9544055637	Jyotsna
156	Sarojini	Attulya kudumbastri	8089822614	Pooja
157	Dhamayandhi	Sreelakshmi kudumbastri	9605387823	Pooja
158	Priya	Mayoogam kudumbastri	8087263776	Pooja
159	Sheeja	Dhanusree kudumbastri	9539184178	Pooja
160	Pushpa	Dheeram kudumbastri	9400503187	Pooja
161	Jadhira	Pavithram kudumbastri	8592925184	Juditha



SREE NARAYANA COLLEGE, NATTIKA, THRISSURHEALTH CLUB AND IQACIN COLLABORATION WITHNATTIKA GRAMMA PANCHAYATH & THAZHUKUZHAM BLOCK PANCH"AROGYA MEKA"YATHQUIZ PROGRAMME - UP SECTION

12/07/2022


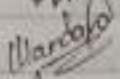
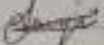
Sl No.	Name	School	Signature
1.	Hubeil	A.U.P.S	
2.	abhiram	A.U.P.S	abhiram
3.	Anamika T.R	G.F.H.S.S Nattika	
4.	Aardhra P.T	G.F.H.S.S Nattika	
5.	Angel ^{Joanna} Joseph vinoy	S.V.U.P.S Thriplayar	
6.	Niveditha K.S	"	Niveditha
7.	Adhithi T.U	Central U.P.S Nattika	Adhithi
8.	Shikha Satheshan	"	Shikha
9.	Jhanikrishnan K.M	Nattika East U.P School	Jhanikrishnan
10.	Anyana Nandhan P	"	Anyana



SREE NARAYANA COLLEGE, NATTIKA, THRISSUR

Health Club & IQAC
In Collaboration with
Nattika Grama Panchayath & Thalikulam Block Panchayath,
"AROGYA MELA"

Quiz Programme - High School Section 12/07/2022

Sl NO	Name	School	Signature
1.	Anya unnikrishnan	S.N TRUST HSS Nattika	
2.	Nandhana P.S	"	
3.	Swapna K.D	G. F. S. S. Nattika	
4.	Abhinav p.v	G.F.H.S.S Nattika	<u>ABHINAV</u>
5.			



13/07/2022

SREE NARAYANA COLLEGE, NATTIKA, THALISSUR.Health Club & IQAC In Association withNattika Grammapanchayath & Thalikulam Block PanchayathDancing competition LPIn Connection with"Arogya mela"

Sl No	Name	School	Signature LP
1	Limiei	Nattik east. up school	Limiei
2	Avaneeth	"	Avaneeth
3	Muhammad Farhan	"	Farhan
4	Athulya	CRFLPS Nattika	Athulya
5	Ameya 95	central up	ameya
6	Abhiram	AUP school thapayera	Abhiram
7	Siyafathima	svups thapayera	Siyafathima
8	Samreen CS	"	Samreen
9	Adish Raveesh	SNDPLPS thapayera	Adish



13/07/2022

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR
Health Club & IQAC In Association With
Nattika Gramapanchayath & Thalikulam Block Panchayath
Drawing competition UP
In Connection with
"Arogya mela"



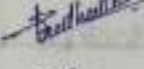


Sr No	Name	School UP	Signature
1.	Abhay kashnaks	Nattike east up school	Abhaykashnaks
2.	Hashim Muhammed	nattike east. up school	HASHIM
3.	Ahalya GA	CFEHS Nattika	ahalya
4.	Ram Madhav VM	"	Ram
5.	Alona Raj	central up school Nattika	Alona Raj
6.	Amnan KA	UP school Thalikulam	Amnan
7.	Ajvin A	"	Ajvin



13/07/2022

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR
Health Club & IQAC In Association with
Nattika Grammapanchayathi & Thalikulam Block Panchayath

Drawing competition high school
In connection with
"Arogya mela"

Sl no	Name	School	Signature
1.	Akshaya R.A	S.N Trust Nattika	
2.	Adhikaishna P.S	"	
3.	Sreeheetha KM	Nattika Fisheries	
4.	Adheesh CA	"	
5.	Sija Farhana	Sreevishnu ops Ithapuzha	



13/07/2022

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR
Health Club & IQAC In Association With
Nattika Grampanchyath & Thalikulam Block Panchyath

"Arogya Mela"

"Food Fest & Cultural Fest"

Sl No	Name	School	Signature
1	Asla Shewin - K.A	BSc Zoology 2 nd sem	8138978308
2	Nikhitha Das	"	7736734135
3	Kavitha	"	8714239803
4	Souparnika	"	9656025339
5	Arani - V.S	"	9746646530
6	Sreya - V.D	"	9188375011
7	Gajathay - V.R	"	9961937656
8	Apsara - C.S	"	8943791258
9	Archana - T.R	"	8592953570
10	AKshasa - V.Y	"	9633394965
11	Aiswarya Sunil	"	9656263589
12	Vishnu Praya	MA Economics 2 nd sem	8301923780
13	Archana Anandhan	"	9539469164
14	Aswathy - T.S	"	8078705875
15	Radhika	"	9061215583
16	Nahala	"	7907206015
17	Jemshira	"	9847197417
18	Aswathy - K.S	"	9526009704
19	Harna	Bcom 3 rd yr	9400435006
20	Amna	"	9400435006
21	Sreedevi	*MSc Chemistry, 2 nd year	7902667964
22	Devika - K	"	6282743938
23	Safa	"	8590910947
24	Navya	"	7025536286
25	Indrajaya	MA Economics, 2 nd year	7034846265





26	Sandra	MSc chemistry, 2nd year	7902667964
27	Megha	MA Economics, 2nd year	8606393426
28	Hasātha-C-H	"	8086418762



Sl. no.	Name	Anganvadi Samammsi unit (Center No.)	Mobile Number	Sign
29.	Deepa	77.	9633361897	Deepa
30.	Nalini	67	9846639109	Nalini
31	Aswathi	124	9633897257	Aswathi
32	Bindhu	70	9744390041	Bindhu
33	Jyothi	74	9846781437	Jyothi
34	Urmila	71	8129913378	Urmila
35	Komalavali	73	9961651771	Komalavali
36	Snija	66	9061162846	Snija
37	Sheeja	123	9526073758	Sheeja
38	Omana	65	9072733612	Omana
39.	Shobana	63	9645610511	N. V. Sora
40.	Smitha	125	9072587431	Smitha
41.	Shashikala	64	8606898981	Shashikala
42.	Sheeba	79	8943421725	Sheeba
43	Bindhu	78	9605566793	Bindhu
44.	Sangeetha Bindhu	72	9961465572	S.A.
45	Rajeshwari	75	9072006148	Bindu
46	Shobana	69	9562351248	Shobana



Sl. No.	Name	CDS.	Mobile No.	Sign.
167	Dhamayanthi	CDS ward 7.	9605387823.	
168	Sathi	CDS ward 9	9495632219.	



Sl.No.	Name	Kudumbasree Name/Ward	Mobile Number	Sign
29	Sangeetha	penya - ward 5	9539029157	<u>Leel</u>
50	Raji Ranjan	Dhanalakshmi - ward 5	8943043017	<u>Raji</u>
51	Sridevi	kasthika - ward 5	9562256726	<u>hsh</u>



13/07/2022

SREE NARAYANA COLLEGE, NATTIKA, THRISSUR
Health Club & IQAC In Association with
Nattika Grammapanchayath & Thalikulam Block Panchayath
"AROGYA MEKA"
SEMINAR - "LIFE STYLE DISEASES"

S.No	Name	Class / ^{Committee unit} Kudumbance unit	Signature
1	Valsala Sasi Chandran	ASHA	
2	Subila. K. L	ASHA	
3	Poys Jayap Sukesh	palliative nurse	
4	Nali Manikandan	ASHA	
5	Varaja. K.K	Asha	
6	Vijaya - K.K	Asha.	
7	JAYA. M.K.	ASHA	
8	Kumari C.A	ASHA	
9	Suelha. P.G	Asha	
10	Nisha Umikrishnan	ASHA	
11	Silpa. M.S	M.Sc ZOOLOGY	
12	Divya T.R	M.Sc Zoology	
13	Avishna.R.K	M.Sc. Zoology	
14	Anamika. K.G	"	
15	Aachana. P.K	"	
16	Anjana P.R	"	
17	Kavya. V.B	"	
18	Devika. T.S	"	
19	Rejina. E.R	"	
20	Sarah	"	
21	Pamini. K.R	A.W.W	
22	Sasikala. P.K	A.W.W. C.No. 64	
23	Salini. V	ICDS supervisor, Nattika Grama Panchayat	
24	Sobhana. P.V	A.W.W	
25	Komalavally. T.U	A.W.W. 73C	
26	Rameena. Voushad	A.D.S	
27	Sheefa. A.V	A.W.W C.No: 123	



28	Jyothy NA	A.W.W. C. NO. 74	Jyothy NA
29	Rajeswari N.D	A.W.W. C. NO. 75	Rajeswari
30	Smitha .A.A	A.W.W. C. NO. 125	Smitha
31	Sobhana N.V	A.W.W. NO 63	N.V. Sams
32	Sujitha J.G	A.W.H. NO 124	Sujitha
33	Sriya .C.R	A.W.W. C. NO. 66	Sriya
34	BINDU. K.V.	A.W.W. C. NO: 70	Bindu
35	Sajini. A.M	A.W.H. CNO: 125	Sajini
36	Saritha K.K	A.W.H. CNO: 72	Saritha K.K
37	seena - K.S	A.W.H. C. NO. 66	Seena
38	SENDIL kumar.PV	MEMBER-WARD. II	Sendil
39	Aishwarya Sumi!	1 st year B.Sc Zoology	Aishwarya
40	Asha Sheela	"	Asha
41	Atul K V	"	Atul
42	Nikhitha Das	"	Nikhitha
43	Hansa P.S	"	Hansa
44	Sreya A.D	"	Sreya
45	Krishna veena P.S	"	Krishna
46	Creeethika A.S	"	Creeethika
47	Sruya P.R	"	Sruya
48	Suparnika	"	Suparnika
49	parvathy K.G	"	parvathy
50	Aparita T.J	"	Aparita
51	Tyothina	"	Tyothina
52	Swaya V.S	"	Swaya
53	Adhira V.R	"	Adhira
54	Apsara C.S	"	Apsara
55	Gayathri V.R	"	Gayathri
56	Avani V.S	"	Avani
57	Kavitha Saseedharan V	"	Kavitha
58	Archana T.R	"	Archana
59	Sreya v.d	"	Sreya
60	Aamuna Ebenezer A.A	"	Aamuna
61	ARUNIMA N.J	"	Arunima



THE SYMPOSIUM 'AROGYA MELA'



SREE NARAYANA COLLEGE, NATTIKA

NAAC RE-ACCREDITED & UGC, DST-FIST, RUSA SUPPORTED INSTITUTION



HEALTH CLUB & IQAC

IN ASSOCIATION WITH

FATHIMA EYE CARE CLINIC, PATTAMBI



EYE TEST CAMP

19/07/2022

10.30 AM

at

Main Block

SN College, Nattika



Inauguration

Dr.P.S.Jaya
Principal
S N College, Nattika



Dr.Sankaran.K.K
IQAC Co-ordinator
S N College, Nattika

OPTOMETRIC CONSULTANTS

Gokul.S

Muhammed Rizwan

Muhammed Salman

Organising Committee

Savitha Nandan, Priyanka.A.S, Sreeji.N.S, Jyothimol.K.P, Dr.Sreedhanya.R

Eye Test Camp

19/7/2022

1. Arshad - S
2. Salman
(Optometrist)
3. Rizwan
(Optometrist)
4. Shafiq
(Optometrist)

Good
Well organised
good
Good

Arshad
Salman
Rizwan
Shafiq





Fathima Eye Clinic
Opticals & Contact Lenses

I- Mart building, Pattambi Road
ONGALLUR

902 010 3000, 7559 900 172
0466- 200 3000
eyeclinicfathima@gmail.com

Letter of Appreciation

We express our sincere appreciation and gratitude towards Sree Narayana College, Nattika, Thrissur and its members for devoting your time & infrastructure to conduct an Eye check-up camp for the entire staffs and students.

We are highly impressed by the commitment shown by the co-ordinator Smt. Savitha Nandan and the members Dr. Sreedhanya R and Jyothimol K P of the Health Club of Sree Narayana College, Nattika, Thrissur.

We look forward to your continued support in future.



Thanks & Regards,

Fathima Eye Clinic.

Eye Test Camp

19/7/2022

Health Club & IQAC

In Association with

Fathima Eye Care Clinic, PattambiList of Participants

Sl No	Name	Faculty/Student	Department Class & Semester (Admission No)	Signature
1	VIOHU JOHNSON	Faculty	Economics	[Signature]
2	Arin Ajith	"	Commerce	[Signature]
3	Upameesh Sivakrishnan	office staff	office	[Signature]
4	[Signature]		office	[Signature]
5	Preela Krishnan	Faculty	Commerce	[Signature]
6	DEEPA V	Faculty	Commerce	[Signature]
7	Praveena Vijayan	Faculty	Commerce	[Signature]
8	Raji C.R	computer Lab staff	Computer centre	[Signature]
9	LIJI	"	"	[Signature]
10	Srinivasan P.	Physicist	Physics	[Signature]
11	Riya V.M	Faculty	Mathematics	[Signature]
12	JENEENA KB	"	Chemistry	[Signature]
13	Shivani Shrivadas Anketty	Student	Chemistry	[Signature]
14	Hridya T	"	"	[Signature]
15	Ardhra M.L	"	"	[Signature]
16	Hari Prasad M.S	"	" 42917	[Signature]
17	Hari Krishnan K.U	"	" 42673	[Signature]
18	Abhishek J	"	" 42911	[Signature]
19	Abhijith pullani	"	" 42893	[Signature]
20	ADRIJA A.R	"	" - 42714	[Signature]
21	SUBHADAYA	"	" - 42880	[Signature]
22	AMEER SUHAIL	"	Physics	[Signature]
23	Ajay Krishna T.P	"	"	[Signature]
24	ANJALICENA K.F	"	Mathematic 43001	[Signature]



	Name	Faculty/Student	Department Class & Semester	Signature
25)	Anjana P.C	Student	BIOCOMMERCE V 42860	
26)	Anagha K.B	Student	COMMERCE V 42826	
27)	Anja P.S	Student	COMMERCE V 42895	
28)	NAZRIN U.M	Student	Commerce V 42718	
29)	Nanya P.S	student	chemistry V	
30)	Nandana T.R	student	chemistry V	
31)	Naseeba O.V	Student	Commerce V 42896	
32)	NASRIN R.S	Student	Commerce V 42736	
33	RISVA T.K	student	Zoology III	
34	Jenarna K.B	Staff	Chemistry	
35	Vivek B	Staff	Chemistry	
36	Yamuna K.G.	Staff	Economics	
37	Siber Prabhu	Staff	Economics	
38	Vidhya E.A	Staff	Economics	
39	LT. R. S. LEENA	Staff	Malayalam	
40	Dr. Yamuna T.P	Staff	Sanskrit	
41	Vismaya K.V	Student	Zoology, III 43448	
42	Sandya Sanil K	Student	M.Sc Zoology 43412	
43	Akhila M Dinesh	student	Msc zoology 43251	
44	Aishwarya Sunil	student	Bsc Zoology 43685	
45	Aisla Shreya K.A	student	" " 43753	
46	Akshara V.Y	Student	" " 43591	
47	Anagha K.B	student	" " "	
48	Arunima N.J	student	" " 43601	
49	Tarhana	Student	" " 43798	
50	Anagha R.	faculty	Chemistry	
51	Sreena T.D	"	Mathematics	
52	Arathy K.D	"	"	
53	Hojeera Y	"	Malayalam	
54	SANTHOSH	office	office	
55	Ana K.	Student	Bsc Zoology 4312	
56	Gayathri V.R	Student	Bsc zoology 43729	

61	Husna.P.S student	BSc.zoology 43884	<u>Husna</u>
62	Swathi Krishnaps student	BSc.Maths 42879	<u>Swathi</u>
63	Navitha Ramesh	BSc zoology	<u>Navitha</u>
64	3-10-1000	Zoology.	<u>Jay</u>
65	Adithy.R.ajush student	MA Malayalam	<u>Adithy</u>
66	NIDHUL.P.U	"	<u>Nidul</u>
67	Amutha P. Rajam	MA Malayalam	<u>Amutha</u>
68	Bretha.k.S	"	<u>Bretha</u>
69	Sarana.k.S	"	<u>Sarana</u>
70	Shidana	"	<u>Shidana</u>
71	Sumegha.T.S	BA Malayalam	<u>Sumegha</u>
72	Aji.T.P	"	<u>Aji</u>
73	Arijali A.U	"	<u>Arijali</u>
74	Avani.k.S	"	<u>Avani</u>
75	Shilpa.k.	"	<u>Shilpa</u>
76	Rahna.k.v	"	<u>Rahna</u>
77	Swagha Gange	"	<u>Swagha</u>
78	Sona.k.S	"	<u>Sona</u>
79	Smrithi.k	"	<u>Smrithi</u>
80	Vinetha P	MSc Mathematics	<u>Vinetha</u>
81	Swameena F	"	<u>Swameena</u>
82	Althia .P.R	M.com	<u>Althia</u>
83	LakshmiPriya.M.T	"	<u>Lakshmi</u>
84	Princy.S	MSc Botany	<u>Princy</u>
85	Lakshmi P.J	"	<u>Lakshmi</u>
86	Aiswarya.V.S	M.COM	<u>Aiswarya</u>
87	Kavya.P.R	M.COM	<u>Kavya</u>
88	Devika.V.nai.v	M.com	<u>Devika</u>
89	Kaashma.P.H	M.com	<u>Kaashma</u>
90	CT. Anilke	Faculty	<u>Anilke</u>
91	Riji.V.S	Faculty	<u>Riji</u>
92	Sridevi.M.P	MSc. Maths.	<u>Sridevi</u>
93	Aswathy.P.H	"	<u>Aswathy</u>
94	Kavitha.M.V	Faculty	<u>Kavitha</u>



		Faculty	Signature
95	Amrutha Saridhanan		
96	Shreya Nandan	BSc. chemistry	
97	Kasthika C.B	BSc. chemistry	
98	Archana K.P	MSc. Physics	
99	Kavya Mohan.KM	"	
100	Hima K.S	"	
101	Seethalakshmi VR	BSc. chemistry	
102	Thamukrishna.K.M	BSc. chemistry	
103	Krishna.T.M	"	
104	Keerthana.K.P	"	
105	Yadukrishnan V	MSc. Physics	
106	Malavika	"	
107	Shyam Bhavi	"	
108	Archana.N.B	MSc. Maths	
109	Neethu.P.S	MSc. Physics	
110	Aranya.V.S	MSc. Maths	
111	Haridra.T.K	MSc. Maths	
112	Veeraja.V.S	"	
113	Anusree.M.B	"	
114	Saumya.C.S	Student	
115	Switha.K.S	office staff	
116	Sonanga.A.A.	Lab. Assistant	
117	Anya.P.J	"	
118	Seethalakshmi R	BSc chemistry	



EYE TEST CAMP



S N COLLEGE NATTIKA



**HEALTH CLUB AND DEPARTMENT
OF ZOOLOGY
DECEMBER 1**



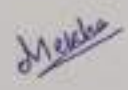

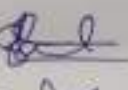
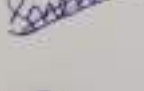

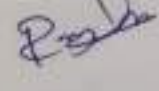

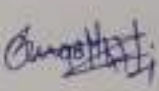


WORLD AIDS DAY

2022 theme: "Equalize"

AIDS DAY OBSERVANCE



Sree Narayana College, Nattika
Health Club & Dept of Zoology
AIDS Day Observance - 'Equalize'
Date & Venue - 01/12/2022 & SNV college
Volunteers List.

Sl No.	Name	Signature
1.	Ayisha Hanna.ck	
2.	Devika prabhakaran	
3.	Gradha	
4.	Mekha.mk	
5.	Safwana Nasrin	
6.	Sheethal.A	
7.	Sneha.N.p	
8.	Shafeekha.	
9.	Rajesh.ku	
10.	Swathy	
11.	Sariga	
12.	Sandra	



AIDS DAY OBSERVANCE





SREE NARAYANA COLLEGE, NATTIKA THRISSUR-680566

NAAC Re-Accredited & UGC, DBT-STAR, RUSA Supported Institution



HEALTH CLUB, DEPT OF ZOOLOGY & IQAC
IN ASSOCIATION WITH
KERALA STATE AIDS CONTROL SOCIETY

EQUALIZE: A MEDLEY COMMEMORATIVE OF AIDS

WORLD AIDS DAY

1 DECEMBER 2022

Inaugural Address



DR. SREEJITH SREEKUMAR

ART Medical Officer, ART Plus Center,
Govt. Medical College, Thrissur

TIME: 1.30 - 3.30

Venue : Library Seminar Hall

DATE: 07-12-2022

Presidential Address



DR. P. S. JAYA

Principal, Sree Narayana College, Nattika

Felicitations



SMT. PREETHAKUMARI M.C

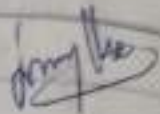
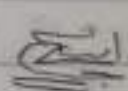
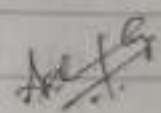
(Counselor, ART Plus Center, Govt.
Medical College, Thrissur



DR. K.K. SANKARAN

IQAC Coordinator & HOD,
Dept of Statistics

8 AIDS DAY PROGRAMME 2022

SI No	NAME AND DEPARTMENT	FEEDBACK	SIGNATURE
1	DR. SREESHITH SREEKUMAR ART MEDICAL OFFICER TSSR MEDICAL COLLEGE	Excellent ppt presentations very interactive students Grateful for warm welcome.	
2	PREETHAKUMARI, M.C ART, COUNSELLOR Med. College Thiruv	Very cooperative staff and enthusiastic Students. <u>Preetha</u>	
3	Ash Hassan, DM Vice chairperson, Ignitia college Union, Govt. medical college Thiruv	Interactive and wonderful session.	
4	Ashley Ann Thomas Red Ribbon club coordinator, Govt. Medical College Thiruv	Very good session.	





Women Cell & Health Club

Jointly Organise

A SEMINAR ON SUSTAINABLE MENSTRUATION

**RESOURCE PERSON: FATHIMATHUL BISIRIYA V
RESEARCH ASSOCIATE
CUSAT**



ON

27th February 2023 at 1.30 P.M

VENUE: SEMINAR HALL

SREE NARAYANA COLLEGE, NATTIKA

Sree Narayana College, Nattika

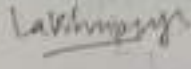
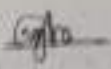







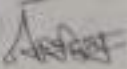

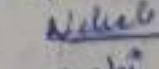



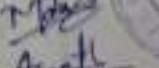

Women Cell & Health Club

Seminar on Sustainable Menstruation


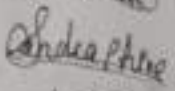





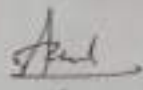
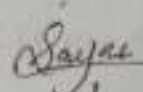
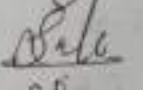
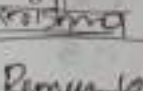
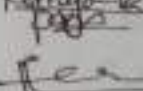
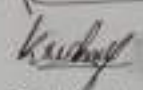
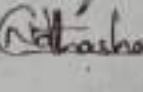
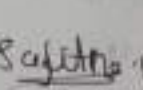
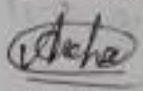
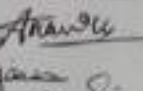



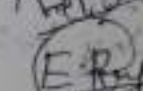


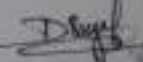
Venue - Seminar Hall

Date & Time - 27-02-2023 & 1-30 PM

Resource Person - Fathimathul Bisriya V.
Research Associate, CUSAT

SL NO	NAME	DEPARTMENT	SIGNATURE
1	LakshmiPriya M J	commerce (ucom)	
2	Anagha P.S	commerce "	
3	Athira P.R	"	
4	Jasna P.B	"	
5	Aiswarya V.S	"	
6	Geetha K.R	"	
7	Amritha P.A	"	
8	Sandra C.A	"	
9	Rakendhu Rajesh	"	
10	Anika P.G	"	
11	Kaishma P.H	"	
12	Aleena Jackson	"	
13	Devika Dhanu	"	
14	Arjuna M.S	"	
15	Nehala P.B	"	
16	Archana Anandan	MA Economics	
17	Nehala P.A	"	
18	Jamtheena P.M	"	
19	Aswathy K.S	"	
20	Minnu P.J	"	
21	Aiswary T.S	"	
22	Akhilavind	"	
23	Indraja	"	
24	Aswathy T.S	"	



- | | | | |
|-----|-------------------|------------------------------------|---|
| 25. | Anaswara. K.S | 1 st year M-com finance |  |
| 26. | Pandra Shine | " |  |
| 27. | Athira. K.V | " |  |
| 28. | Arya Padoor | " |  |
| 29. | Aneeka Anand | " |  |
| 30. | Babla. | " |  |
| 31. | Ashmi | " |  |
| 32. | Aswathy | " |  |
| 33. | Sayana | " |  |
| 34. | Sali | " |  |
| 35. | Kaishrendho. ku | " |  |
| 36. | Remya. K.R | 1 st MA ECONOMICS |  |
| 37. | Annapoorna.E.S | " |  |
| 38. | Kaishnapriya. N.K | " |  |
| 39. | Nathasha. P.S | " |  |
| 40. | Sajitha. K.K | 1 st MA Economics |  |
| 41. | Archana. P.K | II nd MSc Zoology |  |
| 42. | Anamika. K.G | " |  |
| 43. | Anjana. P.R | " |  |
| 44. | AKHILA KP | " |  |
| 45. | Kavya. V.S | " |  |
| 46. | Arishna. R.K | " |  |
| 47. | Megha. P | " |  |
| 48. | Rejina. E.R | " |  |
| 49. | Sanah. C | " | |
| 50. | Reshna Rao Shaji | " | |
| 51. | Silpa. M.S | " | |
| 52. | Danya. T.R | " | |



53	Gopika . C	II nd MA Economics	<u>Gopika</u>
54	Radhika . R	II nd MA . Economics	<u>Radha</u>
55	Haritha . K	"	<u>Haritha</u>
56	Sneha . S	"	<u>Sneha . S</u>
57	Aswathy . R	"	<u>Aswathy . R</u>
58	Fathima . K	I st MSc Zoology	<u>Fathima</u>
59	Nikhya . K . J	I st M . com	<u>Nikhya</u>
60	Farzana	"	<u>Farzana</u>
61	Ashisya Thilak	"	<u>Ashisya Thilak</u>
62	Devika . P . B	"	<u>Devika</u>
63	Rishma Dinwan	II nd MSc PHYSICS	<u>Rishma</u>
64)	Indha Muralidharan	II nd MSc PHYSICS	<u>Indha</u>
65)	Shyam Bhevi . S .	II nd MSc physics	<u>Shyam Bhevi . S .</u>
66)	Reshma K . R	II nd MSc Physics	<u>Reshma</u>
67)	Anitha . K . P	"	<u>Anitha . K . P</u>
68	Vishnupriya K . D	I st year MCOM	<u>Vishnupriya</u>
69	Krishnapriya E . P	"	<u>Krishnapriya</u>
70	Devikrishna V . K	I st Year MSc Botany	<u>Devikrishna</u>
71	Anurag .	"	<u>Anurag</u>
72	Pushya Vasudev	"	<u>Pushya</u>
73	Thaslin	"	<u>Thaslin</u>
74	Krishnachuthy	II nd MSc Physics	<u>Krishnachuthy</u>
75	Malavika	"	<u>Malavika</u>
76	Anjali	"	<u>Anjali</u>
77	Shreelakha - PP	I st MA Economics	<u>Shreelakha</u>
78	Neethu - S	"	<u>Neethu</u>
79	Malavika . A	"	<u>Malavika . A</u>
80	Athulya . P . S	"	<u>Athulya . P . S</u>
81	Thirithyalakshmi . K . J	II MA Malayalam	<u>Thirithyalakshmi</u>
82	Adithya R . Gireesh	II nd MA Malayalam	<u>Adithya</u>



SUSTAINABLE MENSTRUATION 27 /02/2023



MACARE SUPER SPECIALITY POLY CLINIC & DIAGNOSTIC CENTRE



CONDUCTING FREE MEDICAL CAMP

MONDAY (06-3-2023)

Tests Included

- Blood Pressure
- Sugar
- Spo2
- Dental Consultation



You're cordially invited to a free medical camp organized by MAcare Poly Clinic & Diagnostic Centre and Health club S N College Nattika. Our team of healthcare professionals and volunteers will be available to provide care and support to all patients. Don't miss this opportunity to receive free medical care and services. We look forward to seeing you there.

Venue : Outer Seminar Hall S N College Nattika

Time : 10am- 1pm

UP TO 30% OFF FOR EYE WEAR


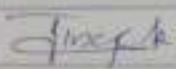

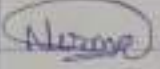

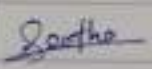


More information call us
+91 7736681666

VISIT OUR WEBSITE
www.macare.in

Free Medical Camp 2023

06/03/2023
Monday

Sl. no	Name Designation & Department	Feedback	Signature
1	Arunal K S - P.A. Assistant (Camp coordinator)	good	
2	Dr. Jiny. A Nazeema	Good	
3	Dental assistant -	good	
4	NIRMAL - I.C.U. Jr. Officer Micro lab incharge (malave)	Well and good back support from teachers and students	
5	dlomi Lab technician	good	
6	Geetha Lakshmi Lab technician	good	





Letter of Appreciation

06/03/2023

We express our sincere appreciation and gratitude towards Sree Narayana College, Nattika, Thrissur and its members for devoting your time & infrastructure to conduct a free medical camp for the entire staff and students.

We are highly impressed by the commitment shown by the co-ordinator Smt. Savitha Nandan and the members Dr Sreedhanya R, Smt. Jyothimol K P, Smt. Priyanka A S and Sri. Sreeji N S of the Health Club of Sree Narayana College, Nattika, Thrissur.

We look forward to your continued support in future.

Amal K's
Camp - Co-ordinator


06/03/2023

Monday

Sree Narayana College, Vattika

Health Club In Association with Macare Super
Speciality Poly Clinic and Diagnostic Centre

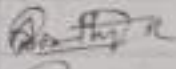


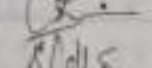
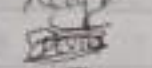
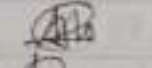
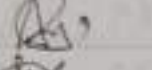

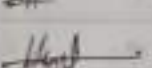

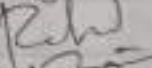







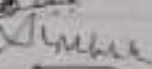



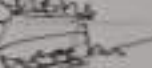
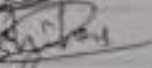

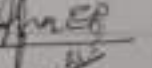

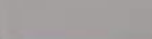
Free Medical CampList of Participants

Sr No	Name	Faculty/Student	Department/Class/Semester	Signature
1	Salaya A.A.	Faculty	Office	
2	Anya P J	Faculty	"	
3	Suvidha K.S.	"	"	
4	Sreeraj K.K.	"	"	
5	Sreenivasan P	"	"	
6	Travese Vijaya	"	Commerce	
7	Vishnu Priya N.V	Student	^{PH} M.A Economics	
8	Aswathy T.S	Student	"	
9	Aswathy K.S	Student	"	
10	Vareha C.T	M.Sc. zoology student	Msc zoology	
11	Snehitha gopal	Student	"	
12	A S Prayudha	Asst Profr	Commerce	
13	Kavya vs	student	MSc zoology	
14	Archana p.k	student	Msc zoology	
15	Anjana p.R	student	Msc zoology	
16	Prasanna K.S	STAFF		
17	PRAKASHAN . G . P . K .	STAFF		
18	Padmini	"		
19	Sanku	Student	Msc Zoology	
20	Rejina ER	"	"	
21	Dr. Anula Krishna	Faculty	Commerce	
22	Dr. C.T. Anetha	Faculty	Botany	
23	Babita . B	"	English	



Sl No	Name	Faculty/Student	Department Class & Semester	Signature
23	Aiswarya Sunil	Student	7 th Sem, Zoology Department	
24	Asha Sherin	"	"	
25	Aparna T-J	"	"	
26	Sanya R	"	2 nd "	
27	Pamwathy R G	"	"	
28	Jyothsna V J	"	"	
29	Roshni Rose Raji	Student	1 st MSc Zoology	
30	Soujanya K	"	1 st year Zoology	
31	Lamisa MH	Student	1 st year BSc Botany	
32	Nandana K P	"	"	
33	Krishnapanya A M	"	"	
34	Athira A N	"	1 "	
35	Lekshmi K C	"	"	
36	Krishna Prabha	"	"	
37	Kavya K V	"	"	
38	Anjana T V	"	"	
39	Caetano NS	Student	Msc Botany	
40	Muhammed Mikhadun	Student	M.A. Economics	
41	Alakananda V J	Student	Msc Mathematics	
42	Krishna T S	Student	"	
43	Ashra K A	"	"	
44	Athira M R	"	"	
45	Ashigha T B	"	"	
46	Akhila P S	"	"	
47	Aneena T	"	"	
48	Soly Marali	"	"	
49	Anokha	"	"	
50	Vaishnavi E R	"	"	
51	Jasena L A	Student	1 st BSc mathematics	
52	Aditha V P	Student	"	
53	Jeneena K R	Faculty	Chemistry	
54	Sacha S	Student	M.A Economics	



Sl No	Name	Faculty	Department	Signature
55	Arunakthy E	Student	Class & Semester	
55	Aswathy E	student	MA Economics	
56	Anusree N	"	"	
57	Nandhana N.K	"	Biom	
58	Ashwin L.S	"	Biom	
59	Mithya	Faculty	Zoology	
60	DEVIKA P.D	student	Biom	
61	ATHIRA KRISHNA	"	"	
62	Anjitha Devi	"	"	
63	Premlakshmi	"	"	
64	Sreya A.D	"	ZOOLOGY	
65	HUSNA P.S	"	"	
66	Uthika A.S	"	"	
67	Rahul Ranjith	Student	Biom	
68	Mahesh Mohan	Student	BSc Zoology	
69	Ranjan K.V	Student	BSc Zoology	
70	Ajaly Krishna V.M	"	MSc. Chemistry	
71	Anjaly P.S	"	"	
72	chandana	"	"	
73	Sivaprasad E.S	"	"	
74	Akshaya K.T	"	"	
75	Pravathy P.G	"	"	
76	Aswini K.U	Student	BSc physics	
77	Ashwini E.R	"	BSc Chemistry	
78	Neha I.N	"	BSc. Physics	
79	Sona P.S	Student	BA Economics	
80	Rahna K.V	Students	BA Malayalam	
81	Sneha K.H	Student	"	
82	Sweesha	"	"	
83	Shikha	"	"	
84	Jyothima I.K.P	Faculty	B Chemistry	
85	Anabha E.R.	Faculty	Chemistry	
86	Soumya P.K.	Faculty	Chemistry	



Sl	Name	Faculty/Student	Department Class/Semester	Signature
81	No	Student		
81	Shreeja P. Parayil	Faculty	Biology	
82	Praveen Prasad	"	"	
83	DEEPA V	"	Commerce	
84	Simi S.	Faculty	Zoology	
85	Dr. Rajesh K M	Faculty	Chemistry	
86	Meerjans Fabiana Kild	Guest "	Zoology	
87	AISWARYA V S	Student	Commerce	
88	Jisna P B	"	"	
89	Lakshmi Priya M J	"	"	
90	Anagha P S	"	"	
91	Athira P K	"	"	
92	Jana Pof	Guest	Zoology	
93	AKSHARA E	Students	Economics	
94	HISANA	"	"	
95	Swathy Santhosh	"	Doc physics	
96	Nandhana K A	"	"	
97	Edwina T S	student	"	
98	Adith M	"	"	
99	Alekhya Krishna P S	"	"	
100	sasankshami K S	"	"	
101	Madhus Nandakum	"	"	
102	Riyanaesli	Student	Economics	
103	Vishnujeet K	"	Marketing	
104	Pradeesh	office staff	office	
105	Vishal Vipin	Student	B.com	
106	AVISHA HANNA-CK	Student	MSc ZOOLOGY	



MEDICAL CAMP ON 06 /03/2023

