

CERTIFICATE COURSE IN PALLIATIVE CARE

30 Hour Course offered to First & Second Year UG Students

09/Dec/2024

Under Unnat Bharat Abhiyan

Affiliated to Alpha Palliative Care



Sree Narayana College Nattika
Unnat Bharat Abhiyan

Certificate Course in Palliative Care



CERTIFICATE COURSE IN PALLIATIVE CARE

SYLLABUS

Certificate Course in Palliative Care Contains 30 hours Training Program

1. Introduction to palliative care – 2 Hours

- Definition
- Principles
- History of palliative care movement
- Who needs palliative care

2. Communication in Palliative care – 2 Hours

- Basics of communication
- Breaking bad news
- Active Listening
- Empathy
- Truth Telling

3. Home Care (Classroom) – 1 Hour

- What to do, what not to do.

4. Role of student volunteers in palliative care – 1 Hour

5. First aid programme in palliative care/Head to Foot Care– 2 Hours

- Changing bed sheets
- Use of Diapers
- Oral Hygiene
- Feeding
- Bathing
- Air bed
- Checking BP
- Pulse oximetry
- Pressure sore/ Wound dressing
- Care of feeding tubes
- Urinary catheters etc

6. Home care & sharing of experience - 12 Hours (2 days)

7. Caring a mobility restricted patient - 6 Hours (1 day)

- Palliative Physiotherapy.
- Basic principles of neuro- rehabilitation.
- Patient interaction.

8. Presentations – 2 Hours

- Short film
- Poster presentation
- Debate
- Painting contest for students based on palliative care

9. Conclusion – 2 Hours

- Revision

- Evaluation
- Assessment of skills
- Examination & Certificate distribution

Sree Narayana College, Nattika